

	5-Feb	Saturday			
CYCFED	6-Feb	Sunday	SEASON OPENER CRIT - ROAD TOWN		10 miles
	12-Feb	Saturday	TSC Sprint Triathlon		
	13-Feb	Sunday			
	19-Feb	Saturday			
CYCFED	20-Feb	Sunday	WEST END POLICE STATION TO HLSCC, 30 miles		
ST JOHN	26-Feb	Saturday	8 TUFF MILES		
	27-Feb	Sunday			
Runners	5-Mar	Saturday	City Circuit	Blenheim Trust 5k	
CYCFED	6-Mar	Sunday	BEEF ISLAND CRIT, Juniors Only Airport Road - 20 miles		
	12-Mar	Saturday			
CYCFED	13-Mar	Sunday	BVICF TIME TRIAL - PALESTINA/WEST END		10 miles
Runners	19-Mar	Saturday	Beef island 5k	Blenheim Trust 5k	San Juan Half Ironmar
MTB	20 March	Sunday	Beef Island Race		
	26-Mar	Saturday			
TRI FED	27-Mar	Sunday	BVI X-Tri	Nevis to St. Kitts Swim	
	2-Apr	Saturday	TriStar111 Nevis		
	3-Apr	Sunday			
Runners	9-Apr	Saturday	Carrot Bay 5k	Blenheim Trust 5k	
CYCFED	10-Apr	Sunday	SLANEY - SEA COWS BAY JUNIORS		25 miles
	16-Apr	Saturday			Run for Water?
MTB	17 April	Sunday	Sea Cow's Bay Road Town Challenge		
	23-Apr	Saturday			
CYCFED	24-Apr	Sunday	HIGHWAY CHALLENGE 60 miles, Slaney West End x 4		
Runners	30-Apr	Saturday	Paraquita 5k	Blenheim Trust 5k	Finale
	1-May	Sunday		St. Croix 70.3 Half Ironman	
	7-May	Saturday			
MTB	8 May	Sunday	Virgin Gorda Race		
	14-May	Saturday			
CYCFED	15-May	Sunday	BVICF TIME TRIAL - PALESTINA/WEST END		15 miles
Runners	21-May	Saturday	City Circuit	Blenheim Trust 5k	
MTB	22 May	Sunday	Anegada Race		
	28-May	Saturday	Rainbow Warriors Tobago Triathlon		
TRI FED	29-May	Sunday	National Triathlon Sprint Championship		St. John Beach to Beach
	4-Jun	Saturday			
	5-Jun	Sunday			
	11-Jun	Saturday			
CYCFED	12-Jun	Sunday	WEST END/PROSPECT REEF RR, Jr. Championship Event		
Runners	18-Jun	Saturday	Olympic Day Run		
MTB	19 June	Sunday	Pussers to Pussers Race		
	25-Jun	Saturday	City Circuit 10k series - Race 1		
CYCFED	26-Jun	Sunday	RT HIGHWAY CHALLENGE - 55 miles		
	2-Jul	Saturday			

MTB	3 Jul	Sunday	Jost Van Dyke Race	
	9-Jul	Saturday		John T Memorial & OECS RR
CYCFED	10-Jul	Sunday	TOUR DE TORTOLA - 40 miles	
Runners	16-Jul	Saturday	Beef island 10k series - Race 2	
TRI FED	17-Jul	Sunday	Peter Island Triathlon (TBC)	
MTB	23 July	Saturday		
MTB	24-Jul	Sunday	East End Loop	
	30-Jul	Saturday		
	31-Jul	Sunday		
	6-Jul	Saturday		
MTB	7 Aug	Sunday	Pockwood Pond Surprise Race	
Runners	13-Aug	Saturday	City Steamer 10k series - Race 3	
	14-Aug	Sunday		
	20-Aug	Saturday		
	21-Aug	Sunday		
MTB	28 Aug	Saturday	East West Coast Trek	
	29-Aug	Sunday		
	3-Sep	Saturday		
	4-Sep	Sunday	LOVE CITY TRI, St. John	
Runners	10-Sep	Saturday	Carrot Bay 10 k series - Race 4X10k	
MTB	11 Sept	Sunday	West End Circuit	
	17-Sep	Saturday	HLSCC 2 mile Series - Paraquita Race 1	
	18-Sep	Sunday		
	24-Sep	Saturday	2 mile Series - VG Race 1	
CYCFED	25-Sep	Sunday	BVICF TT - 20 MILES - CHAMPIONSHIP EVENT	
	1-Oct	Saturday	HLSCC 2 mile Series - Paraquita Race 2	SENSUS Breast Cancer
CYCFED	3-Oct	Sunday	JASON BALLY RR 75 MILES CHAMPIONSHIP EVENT	
	8-Oct	Saturday	2 mile Series - VG Race 2	
	9-Oct	Sunday		PanAm Games, Mexico - OCT
	15-Oct	Saturday	HLSCC 2 mile Series Paraquita Race 3	
	16-Oct	Sunday		
TRI FED	22-Oct	Saturday	Steelman Triathlon 10k series - Steelman Run leg - Race 4	
	23-Oct	Sunday		
	29-Oct	Saturday	HLSCC 2 mile Series - Paraquita Race 4	
	30-Oct	Sunday		
Runners	5-Nov	Saturday	10k series - Half Marathon warm up - Race 5 Finale	/ 2 mile Se
	6-Nov	Sunday		
	12-Nov	Saturday	HLSCC 2 mile Series - Paraquita Race 5	
	13-Nov	Sunday		
Runners	19-Nov	Saturday	Half Marathon	
	20-Nov	Sunday		
	26-Nov	Saturday		
	27-Nov	Sunday		
	4-Dec	Saturday		

	5-Dec	Sunday		
	10-Dec	Saturday		
TRI FED	11-Dec	Sunday	Santathon Sprint Triathlon	San Juan Full & Half Marathon

er Awareness Walk/Run

2 mile Series - VG Race 3

eries - VG Race 4